

# Be An Extra-Safe Driver Picture This



## DRIVING FOR WORK: MANAGING SPEED

Speed is a major killer on the roads that affects all drivers. Even when respecting speed limits, drivers can drive at inappropriate speeds or have an inappropriate driving style that increases their risk of being harmed in a collision.



### WHAT CAN CAUSE SPEEDING WHEN DRIVING FOR WORK?

- Time pressures
- Delivery/stop schedules
- Pay per mile/delivery
- Distractions
- Route planning
- Stress
- Unfamiliar locations



### HOW DOES SPEED INCREASE RISK ON THE ROAD?

- Reduces reaction time
- Increases stopping distances
- Reduces a vehicle's ability to protect occupants
- Increases the risks to vulnerable road users outside the vehicle



### SPEEDING CAN AFFECT ALL DRIVERS IN ALL VEHICLE TYPES



Source: <https://etsc.eu>