

Cold and Flu Poster



What To Know: Cold & Flu

- 1. Avoid Contact With Sick People**
- 2. Get Vaccinated!**
- 3. Always Cover Your Mouth!**
- 4. Avoid Touching Your Eyes, Nose or Mouth!**
- 5. Trash Used Tissues!**
- 6. Wash Your Hands!**
- 7. If You Are Sick: STAY HOME**