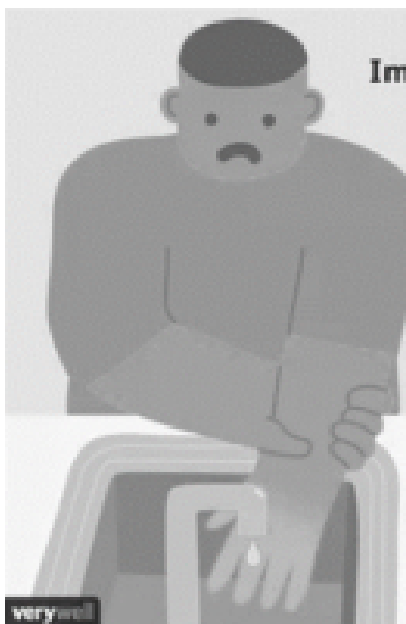


# Cold Water Treatment Of Thermal Burns Infographic



**Immediate Steps to Take for a Burn**

1. Flush the burned area with cool running water for several minutes
2. Call 911 for a severe burn
3. Apply a burn ointment or spray for pain
4. Take ibuprofen or acetaminophen for pain relief if necessary

verywell

The infographic shows a person sitting at a table with a burn on their hand. To the right of the person is a list of four steps. Each step is accompanied by a small circular icon: a water drop for step 1, a 911 call button for step 2, a hand being treated for step 3, and two pills for step 4. The 'verywell' logo is in the bottom left corner.

Source: <https://www.verywellhealth.com>