# CTDPH Cumulative Trauma Disorders



A fact sheet on CTD including high risk individuals and the different types of CTDs

This fact sheet describes Cumulative Trauma Disorders (CTDs), provides information about some types of CTDs and their most common symptoms, addresses who is at risk for developing them, and explains how to prevent CTDs.

Cumulative trauma disorders (CTDs) also known as repetitive strain injuries, repetitive motion disorders, overuse syndrome and work-related musculoskeletal disorders. CTDs are the largest cause of occupational disease in the United States and the most frequently reported type of occupational disease in Connecticut. CTDs are injuries of the musculoskeletal system, which includes…