

# Entering and Exiting Vehicles Safely Infographic



## Fatal Fall

This time last year, a 58-year-old Washington truck driver died from a fall. He missed the last step while exiting his truck, fell on his back, breaking several vertebra. His death wasn't instant, but his body never recovered and he died a couple weeks later. Too young, too soon.



### Tips to live by

- Use 3 points of contact when exiting or entering your cab.
- Before you exit, look for debris, ice or water that might make the steps or ground treacherous.
- Wear footwear with good traction.
- Keep the cab steps in good repair.

**[www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org)**

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