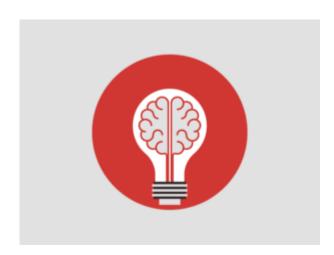
Ergonomics and The Mature Worker — Quick Course



While many people are quite capable of working well into their 60s or longer, they are at greater risk for injury and job-related illnesses because of reduced strength, balance, hearing, vision, and slower reaction time. This quick course covers some of the dangers of working as you age and how to protect yourself.