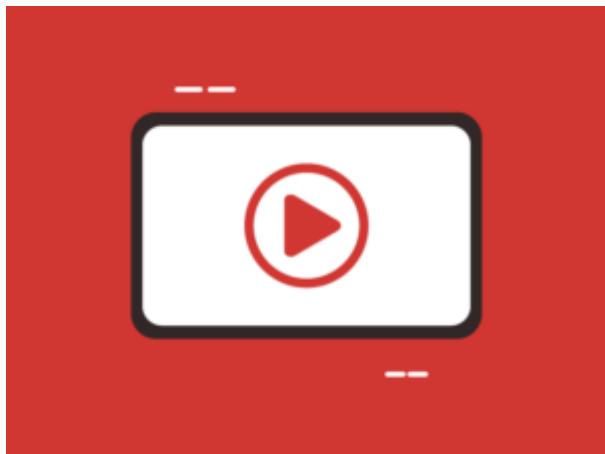


Ergonomics for Mature Workers – Video



About this Course

Older workers, while capable of working into their 60s or beyond, face increased risks due to reduced strength, balance, and slower reaction times.