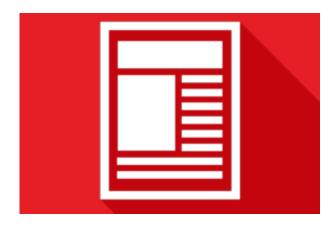# How to save a post

You can save a post using the Favorites feature.

Every post on SafetyNow ILT has the option to "Favorite" — simply click on the button located at the top of the content

To access your Favorites collection, go to My Safety located on the side menu. Here you will find all your favorited items as well as your most recently viewed articles, downloads and policies.