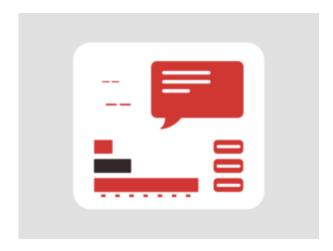
First Aid - Landscaping Infographic



FIRST AID

First aid is emergency care given immediately to an injured person.

The purpose of **first aid** is to minimize injury and future disability.



THE 5 MAIN AIMS OF FIRST AID ARE:

- 1. Preserve Life
- 2. Prevent the escalation of the illness or injury.
- 3. Promote Recovery.
- 4. Pain Relief.
- 5. Protect the unconscious.

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Source: homemadeheather.com