

# First Aid – Landscaping Infographic



## FIRST AID

*First aid is emergency care given immediately to an injured person.*

*The purpose of first aid is to minimize injury and future disability.*



### THE 5 MAIN AIMS OF FIRST AID ARE:

1. *Preserve Life*
2. *Prevent the escalation of the illness or injury.*
3. *Promote Recovery.*
4. *Pain Relief.*
5. *Protect the unconscious.*