

# First Aid: Musculoskeletal Injuries



## Key Takeaways:

- Recognizing common limb injuries and explain how to initially respond to a victim with a fracture, sprain or dislocation
- Identifying when a victim may have a back, neck or head injury
- Learning the initial actions to take for someone whom you suspect has a back, neck or head injury

## Course Description

The Bureau of Labor Statistics reported in 2013 that Musculoskeletal Injuries cases accounted for 33% of all worker injury and illness cases. As well, OSHA has stated that industries with the highest musculoskeletal disorders (MSDs) rates include health care, transportation, warehousing, retail, and wholesale trade and construction. Being able to care for these injuries properly the moment they happen can make a huge difference in someone's life. Being able to perform the proper first aid technique can be all the difference between someone being affected for the next 2 weeks and the rest of their life.

This lesson will provide important, accurate information about Musculoskeletal Injuries and how to care for those inflicted.