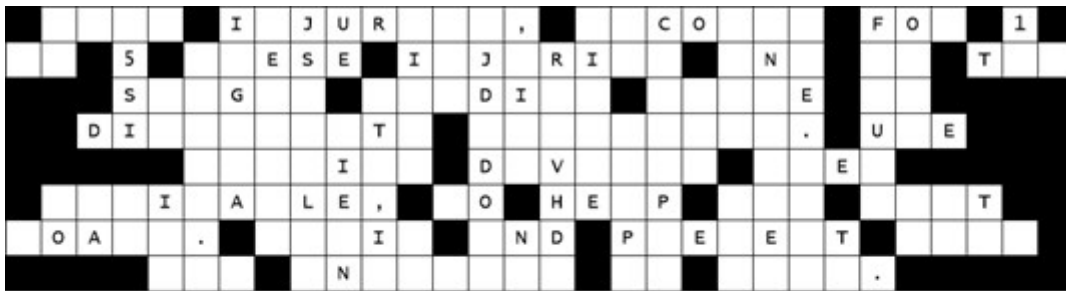


# Lifting and Back Injuries Fallen Phrases



A

N F G C T D O R

S T B T U E C C U N D F

I L H I E E A I E I E S Y E H N I

B C K A I N I J I R S E R A L W I V S T O S A

L N A A A L B A L O L D N W U N G A E S U W U I B F K

I A V D S N D L V I N Y T A O S L D R A W O N K L S R C H E

**Answer:**

Back injuries, account for 1 in 5 these injuries and is the single leading cause of disability worldwide. Use lifting devices when available, to help you lift loads. Avoid and prevent back and injuries at work.