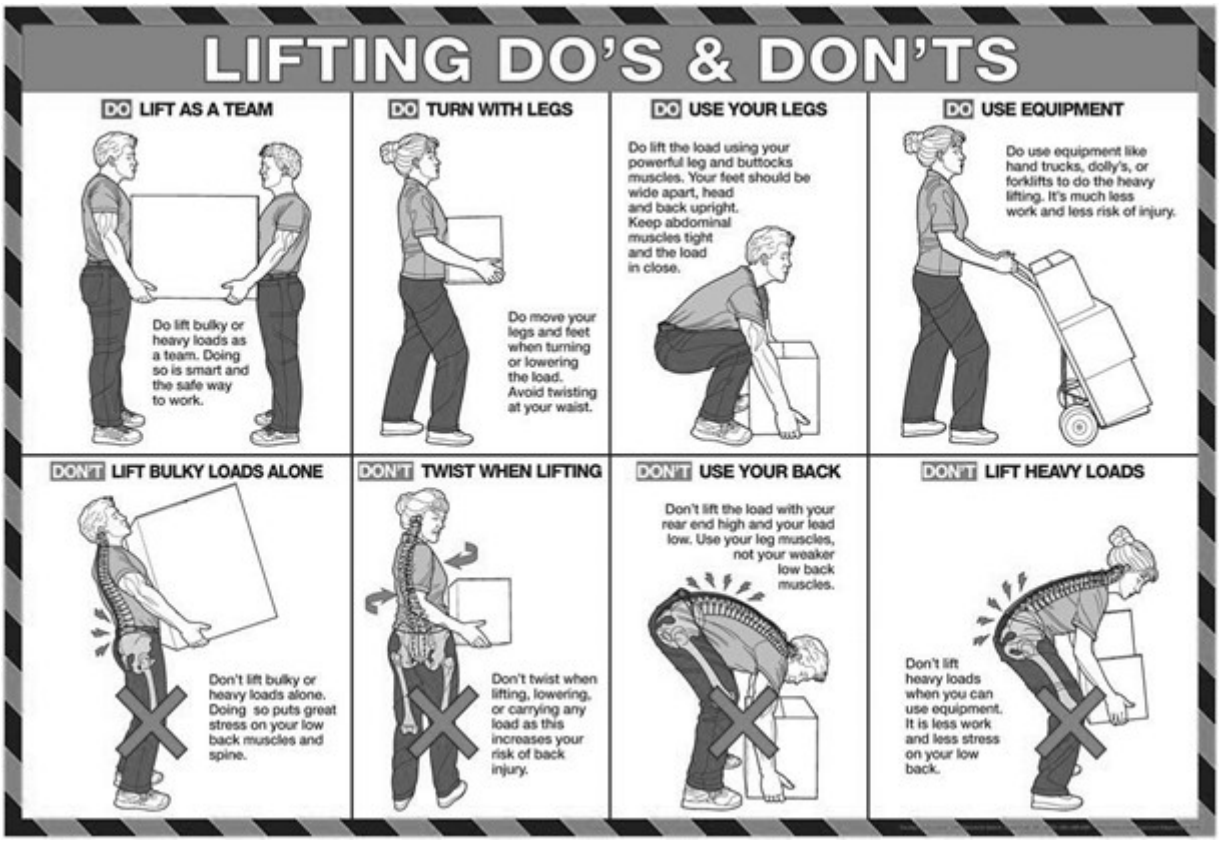
Lifting and Back Injuries Picture This





Source: ***https://www.agupdate.com/lifting-dos-and-donts/pdf_fe068bf0-5389-5a47-8e01-24bdb85aa56d.html***