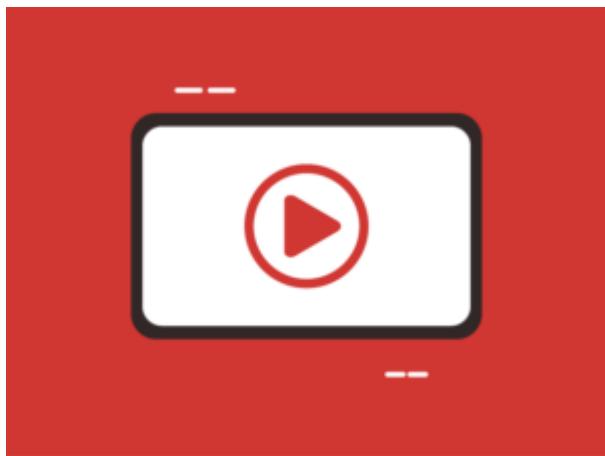


Lifting Safely: Preventing Back Injuries – Video (Spanish Version)



About this Course

Lifting, lowering, and carrying objects all come with risks. Here's what you should keep in mind. (Spanish Version)