How to Get More From Your Mental Health Training



Date: March 16

Time: 9:00 AM – 10:30 AM PST

Speaker: Dr. Ryan Todd

Attendees to this session will learn more about:

- Solving the reach problem – how to engage both corporate and deskless workers with mental health training
- Designing the message for the medium
- New-age metrics – what should we (and shouldn't we) really care about.

Dr. Ryan Todd is a psychiatrist turned technologist, founding the mental health tech company headversity. His inspiration for turning to technology was born out of a backlogged mental health system that saw him inherit a patient wait list of more than 6 months upon becoming a staff psychiatrist. Now, with mental health needs spanning the total workforce, he's on a mission to help HR and corporate leaders build a more proactive mental health strategy that helps predict and prevent costly outcomes around safety and performance.