

National Day of Mourning – A Day to Remember



April 28, the National Day of Mourning, is a day to remember and honour those who have died or been injured on the job.

Years ago, I got a call that nobody wants to get. A close friend's father had fallen off the roof during an inspection – his injuries were too severe – he didn't survive the fall. I wish I could say this is rare – but it's not.

I have no idea what your schedule looks like for the 28th this year, but I strongly urge you to ensure it allows for some reflection. Take a moment to pause and think about why you do what you do. I promise, you won't be alone. That's because April 28, 2025, is the **National Day of Mourning** in which countries around the world commemorate the workers who died on the job.

Sadly, there were **5,283 fatal work injuries recorded in the United States in 2023**. According to the Association of Workers' Compensation Boards of Canada (AWCBC), **in 2023, there were 1,057 workplace fatalities recorded in Canada**. Among these deaths were 29 young workers aged 15-24. It goes without saying that this number is too high. You've heard it all – accidents are preventable, safety isn't just a slogan etc. But do you *really* take it to heart? Have you ever had to make that call? To someone's wife, husband, mother, father, child?

Whatever your plans may be, take that moment to reflect on why this day is important and how you plan to ensure your workers, colleagues, friends are going to get home in one piece.

Here are some events you can attend virtually.

US

To mark the observance of Workers Memorial Day, Secretary of Labor Marty Walsh will join OSHA and others for an online national ceremony on April 28 at 1 p.m. ET. Visit OSHA's website to watch the event.

Canada

You can read about the International Day of Mourning [here](#) and the Worker's Memorial Day [here](#).

Federal

Alberta

BC

Manitoba

New Brunswick

Newfoundland/Labrador

Northwest Territories/Nunavut

Nova Scotia

Ontario

Prince Edward Island

Saskatchewan

Yukon