

# NSC The Hands Free Myth



Facts on not so safe handsfree cell phone devices.

Do you think using a hands-free device – whether it's an earpiece or a dashboard infotainment system – is the safe way to drive and talk on the phone? If so, you're not alone. A recent National Safety Council poll shows that 80% of U.S. drivers believe handsfree cell phones are safer than using handheld.

However, it's just not true. More than 30 studies show that using hands-free systems provide drivers no safety benefit. Even with both hands on the wheel and your eyes on the road, your mind is distracted from the task of driving. Think about it, people have been driving stick shift for decades – the issue is...