

# OSHA Slips Trips and Falls Poster



**Easy**  
**Dos and Don'ts**

## For Teen Workers - Preventing Slips, Trips, and Falls -

### Do:

- ✓ Wear sturdy shoes with slip-resistant soles and low heels. Lace and tightly tie shoes.
- ✓ Clean up spills immediately. Spot mop only during rush periods.
- ✓ Place caution signs when mopping or when floors are wet.
- ✓ Use any non-slip matting provided for floors and keep mats clean and in place.
- ✓ Eliminate cluttered or obstructed work areas.
- ✓ Report to your supervisor any blind corners, problem floor surfaces, or hazardous areas.

### Don't:

- ✗ Move too quickly or run.
- ✗ Carry items too tall for you to see over.
- ✗ Store items on the floor that might be tripped on, especially hot items such as oil.
- ✗ Wear pants or other clothing that are over-sized, baggy, or extend below shoe level causing potential trip hazard.
- ✗ Wear leather soles, open toe, platform, high heels, or canvas shoes.

