

# Plastering Work – Staying Safe While Plastering Outdoors Picture This



In this image, the individual is plastering a ceiling without appropriate protective equipment. This poses several risks: debris or wet plaster could fall into the worker's eyes, and extended overhead work can strain the neck, shoulders, and arms. Additionally, if the worker is standing on an unstable platform or lacks proper footwear, falls or slips could occur.

To stay safe while plastering—indoors or outdoors—workers should wear safety goggles to protect their eyes from falling particles, use gloves to prevent skin irritation, and ensure proper posture and regular breaks to reduce strain. If working at height, stable ladders or scaffolds and non-slip footwear are essential. These measures help reduce immediate injury risk and long-term health effects.