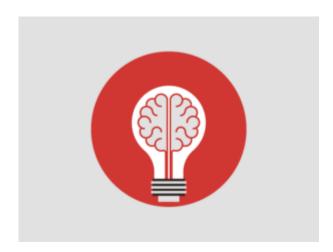
Eight Ways to Avoid Catching and Spreading the Flu — Quick Course



Many workers who are sick with the flu refuse to let the illness prevent them from working, thinking they can "tough it out." So they go to work with a reduced ability to work safely and productively, and they jeopardize the health of their co-workers.