Schoolbus Safety — Proper Seat Belt Use and Driver Posture Stats and Facts



FACTS

Improper Seat Belt Use:

- Increased Injury Risk: Without seat belts, students are more susceptible to injuries during sudden stops or collisions.
- **Driver Distraction:** Unrestrained students may move around, causing distractions for the driver.
- Behavioral Issues: Lack of seat belt use can lead to misbehavior, further diverting the driver's attention.

Poor Driver Posture:

- Musculoskeletal Disorders: Prolonged improper posture can lead to chronic pain and injuries.
- Reduced Reaction Time: Slouched or strained positions may impair the driver's ability to respond swiftly.
- Fatigue: Incorrect posture contributes to driver fatigue, increasing the risk of accidents.

STATS

- An Alabama pilot study observed an average seat belt use rate of 61.5% among students, with usage heavily influenced by drivers who consistently encouraged seat belt use.
- A study of 1,233 bus drivers in San Francisco showed a direct correlation between lower back injuries and weekly driving hours, with severe injuries increasing by 39% for every ten hours added to weekly driving time.
- According to the U.S. Bureau of Labor Statistics, school bus drivers spend approximately 85.5% of their workday sitting, highlighting the importance of proper seating posture to prevent musculoskeletal issues.
- Transport Canada recognizes that seat belts on school buses can offer added protection for school-age children if they're used and installed properly. However, ensuring all children are properly secured in seat belts is more challenging in a 70-passenger school bus than in a 5-passenger car or 7-passenger minivan.
- From 2002 to 2023, there have been six fatalities involving school-aged children riding school buses, alongside 3,441 injuries reported in collisions involving school buses. This highlights the importance of enhancing safety measures, including potential seat belt use.

