

Seven Steps to Correctly Wear a Respirator at Work Poster



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Seven Steps to Correctly Wear a Respirator at Work

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1 Wash Your Hands



Wash your hands with soap and water before and after wearing a respirator device.

2 Inspect the Respirator



Inspect respirator for damage. If it appears damaged or faulty, do not wear it.

3 Put on the Respirator



Grasp respirator by the straps and hold it by the top and bottom straps.



Grasp straps and hold them with your hands. Do not touch the facepiece or the filter.

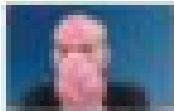


Place the straps over your head and pull them over your head. Do not touch the facepiece or the filter.



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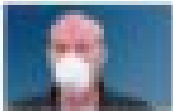
4 Adjust the Respirator



Adjust the straps to ensure a proper fit. Do not touch the facepiece or the filter.



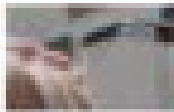
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5 Remove the Respirator



Do not touch the facepiece or the filter.



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