

Standard Precautions Picture This



STANDARD PRECAUTIONS



Clean your hands often with soap and water and/or hand sanitizer.



Avoid touching your eyes, nose and mouth with unwashed hands.



Avoid close contact, putting distance between yourself and other people.



Stay home if you're sick, except to get medical care.



Cover coughs and sneezes.



Wear a face mask if you are sick.



Clean and disinfect frequently touched surfaces.