Wellness – How to Mitigate Stress Fatality File



Boeing Whistleblower John Barnett’s Suicide Highlights Workplace Stress Risks

In March 2024, John Barnett, a former Boeing quality control manager and whistleblower, died by suicide amid ongoing legal proceedings related to his allegations against the company. Barnett had raised concerns about safety issues at Boeing, including the use of substandard parts and faulty oxygen systems on aircraft. He reported facing significant workplace stress, including alleged harassment and retaliation, which contributed to his mental health decline. His family has filed a wrongful death lawsuit against Boeing, asserting that the company’s actions led to his tragic death.

This case underscores the critical importance of addressing workplace stress and its potential consequences. Employers must recognize the impact of work-related stressors on employees’ mental health and implement measures to mitigate these risks. Providing support systems, ensuring open communication, and fostering a culture that prioritizes employee wellbeing are essential steps in preventing such tragedies.

Source: People.com