

Workplace Suicides Picture This



Learn about the 9 Recommended Practices

After pledging your commitment to Workplace Suicide Prevention you will receive more information on the 9 recommended practices.



Leadership

Cultivating a Caring Culture
Focused on Community
Well-Being



Job Strain Reduction

Assess and Address Job
Strain and Toxic Work
Contributors



Communication

Increase Awareness of
Understanding Suicide and
Reduce Fear of Suicidal
People



Self-Care Orientation

Self-Screening and
Stress/Crisis Inoculation
Planning



Training

Build a Stratified Suicide
Prevention Response
Program Specialized Training
by Role



Peer Support & Well- Being Ambassadors

Informal and Formal
Initiatives



Mental Health & Crisis Resources

Evaluate and Promote



Mitigating Risk

Reduce Access to Lethal
Means and Address Legal
Issues



Crisis Response

Accommodation, Re-
integration and Postvention